

Giving Consent

Consent is when you give someone permission to do something that affects you.



CONSENT IS CHOICE

Consent only happens when you freely and purposely agree to something. If someone pressures or manipulates you into saying yes, then it's not true consent. If you're feeling confused, scared, or are under the influence, that isn't true consent.

CONSENT IS ACTIVE AND ENTHUSIASTIC

You never have to consent to something because you feel like you *should*. Only consent to things you want to. You must provide explicit agreement to give consent- just because you didn't say no doesn't mean you consent.

CONSENT IS INFORMED

You can't consent to something you don't understand. You are always allowed to ask questions and get more information before saying yes.

CONSENT IS SPECIFIC

When someone gives you consent to do one thing (like hugging them) it doesn't mean you can do other things to them (like kiss them) without asking for consent.

CONSENT IS ONGOING AND REVERSIBLE

Consent is an ongoing process- just because someone said yes to something once doesn't mean they agreed to it forever. They can always change their mind and say no and you must respect that.

Getting Consent

Consent is when someone gives you permission to do something that affects them.



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